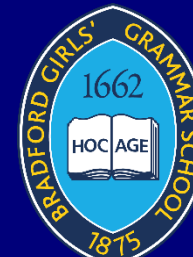


Senior School Lunch Menu: Week 1



ASPIRE • SUCCEED • LEAD

**BRADFORD GIRLS'
GRAMMAR SCHOOL**

Co-educational up to 11, Girls only 11-16

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	VEGGIE LASAGNE	BEEF BURGER/BUN	ROAST OF THE DAY	CHICKEN TIKKA MASALA	BREADED FISH
VEGETARIAN OPTION	VEGGIE BURGER	VEGAN PASTY BAKE	ROAST QUORN	TUNA/PASTA BAKE	
SNACK	JACKET POTATO FILLING	JACKET POTATO FILLING	JACKET POTATO FILLING	JACKET POTATO FILLING	JACKET POTATO FILLING
GRAB AND GO	BAKED PIZZA	PASTA POT	FILLED FLATBREAD	BAKED PIZZA	CHICKEN WRAP
HOT DESSERT	SYRUP SPONGE	OAT CRUNCH	FRUIT CRUMBLE	EVES PUDDING	JELLY/FRUIT

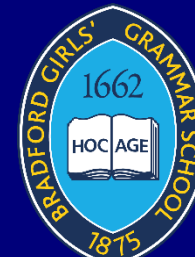
All allergens are listed on full view in the dining room and at the serving counter.

A variety of sandwiches and boxed salads are also available from the snack bar (labelled with a list of ingredients).

Available daily: Fresh fruits, yoghurts and a selection of home bakes.

All dishes are subject to change depending on availability.

Senior School Lunch Menu: Week 2



ASPIRE • SUCCEED • LEAD

**BRADFORD GIRLS'
GRAMMAR SCHOOL**

Co-educational up to 11, Girls only 11-16

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	SHEPHERDESS PIE	BEEF BOLOGNAISE	BAKED SAUSAGE	ROASTED CHICKEN	BREADED FISH
VEGETARIAN OPTION	QUORN FILLET	VEG CURRY/RICE	MACARONI CHEESE	VEGGIE MEATBALLS	
SNACK	JACKET POTATO FILLING	JACKET POTATO FILLING	JACKET POTATO FILLING	JACKET POTATO FILLING	JACKET POTATO FILLING
GRAB AND GO	PASTA POTS	BAKED PIZZA	HOT WRAP	RICE POT	CHICKEN WRAP
HOT DESSERT	MARBLE SPONGE	FRUIT/ICE CREAM	LEMON DRIZZLE	FRUIT CRUMBLE	COOKIE

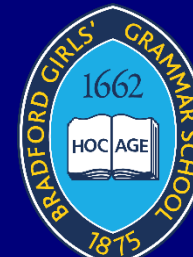
All allergens are listed on full view in the dining room and at the serving counter.

A variety of sandwiches and boxed salads are also available from the snack bar (labelled with a list of ingredients).

Available daily: Fresh fruits, yoghurts and a selection of home bakes.

All dishes are subject to change depending on availability.

Senior School Lunch Menu: Week 3



ASPIRE • SUCCEED • LEAD

BRADFORD GIRLS' GRAMMAR SCHOOL

Co-educational up to 11, Girls only 11-16

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	VEG BOLOGNAISE	SHEPHERDS PIE	BEEF MEATBALLS AND PASTA	LASAGNE	BREADED FISH
VEGETARIAN OPTION	CHEESE/TOM PASTA BAKE	QUORN SAUSAGE ONION GRAVY	SWEET POTATO ,CHICKPEA CURRY	CHEESE ONION ROLL	
SNACK	JACKET POTATO FILLING	JACKET POTATO FILLING	JACKET POTATO FILLING	JACKET POTATO FILLING	JACKET POTATO FILLING
GRAB AND GO	NOODLE POT	TOPPED PANINI	BAKED PIZZA	PASTA POT	CHICKEN WRAP
HOT DESSERT	JAM SPONGE	FRUIT CRUMBLE	CHOC BROWNIE	FRUIT MUFFIN	TOFFEE YOG

All allergens are listed on full view in the dining room and at the serving counter.

A variety of sandwiches and boxed salads are also available from the snack bar (labelled with a list of ingredients).

Available daily: Fresh fruits, yoghurts and a selection of home bakes.

All dishes are subject to change depending on availability.

Lady Royd Menus
Week 1: from September 2022



	Monday Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Vegetable Lasagne	Beef Burger/Bun	Pizza	Chicken Tikka Masala	Fish Fingers
Vegetarian Option	Veggie Burger/Bun	Vegetable Pasty Bake	Quorn Roast	Tuna Pasta Bake	Jacket Potato: Cheese & Beans
Choice of vegetables & potatoes available daily Salad Bar					
Dessert	Syrup Sponge and Custard	Oat Crunch Biscuit, Sliced Fruit	Fruit Crumble and custard	Eve's Pudding and Custard	Jelly and Fruit

Available daily:
Fresh fruit, yoghurt, homemade bread

Lady Royd Menus
Week 2: from September 2022

	Monday Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Shepherdess Pie	Beef Bolognese/Pasta	Baked Sausage and Creamed potato	Veggie Meatballs and Rice	Mini Chicken Fillet Wrap
Vegetarian Option	Quorn Fillet	Vegetable Curry and Rice	Macaroni Cheese	Pizza	Cheese Roll
Choice of vegetables & potatoes available daily Salad Bar					
Dessert	Marble Sponge and Custard	Fruit and Ice Cream	Lemon Drizzle Sponge and Custard	Fruit Crumble and Custard	Cookie and Ice Cream

Lady Royd Menus
Week 3: from September 2022



	Monday Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Veggie Bolognese Pasta	Shephard's Pie	Meatballs and Pasta	Lasagne	Fish Fingers
Vegetarian Option	Cheese and Tomato Pasta Bake	Quorn Sausage and Onion Gravy	Cheese Panini Slice	Pizza	Veggie Sausage
Choice of vegetables & potatoes available daily Salad Bar					
Dessert	Jam Sponge and Custard	Fruit Crumble and Custard	Chocolate Brownie	Fruit Muffin	Frozen Toffee Yoghurt

Available daily:
Fresh fruit, yoghurt, homemade bread